EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
FUNDAMENTALS OF O.M.

COURSE DESCRIPTION

This introductory course provides the foundation for the study and understanding of Oriental Medicine. Students are given a detailed overview of the various Oriental medicine theories and practices, highlighting the concepts of yin and yang, the five phases, the five vital substances, the zang fu, jing luo, the causation of disease, as well as the fundamental diagnostic concepts.

LEARNING OBJECTIVES

The study of basic principles and theories in various traditions of Oriental Medicine in relation to the concepts of Yin-Yang, Five Elements, 8 principles, Etiology, Qi, Blood, and the Zang-Fu organs, with reference to the Nei-Jing and other classic texts.

Students will learn the basic theories and correspondences of Yin-Yang, Qi/Life Force, Blood, Five Elements, the Twelve Officials, Etiological factors with special emphasis on Zang-Fu organs and differentiation according to the Eight Principles.

COURSE PREREQUISITIES

None

REQUIRED TEXTS

Acupuncture: A Comprehensive Text "ACT"
Statement of Fact, Flaws "F"

RECOMMENDED TEXTS

Fundamentals Study Guide - PMPH
Basic Theories of Traditional Chinese Medicine - Academy Press
Who Can Ride the Dragon – Zhang-Rose
Brief History of Qi – Zhang-Rose

COURSE REQUIREMENTS

50% Quizzes AND ASSIGNMENTS
25% Mid-Term Examination
25% Final Examination

Quizzes will be given at the beginning of each class. There will be NO make-up quizzes given.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

To Pass this Course (and all Emperor's courses) Students must have Full and Prompt Attendance. Students can miss no more than 80% of this 10-week course (no more than 2 full Absences). Arriving late to class (more than 15
minutes), returning late from breaks (more than 10 minutes) or leaving before the class ends (more than 15 minutes) is counted as 1/2 Absence. Absences and late arrivals/early departures combine in computing 80% requirement for full attendance, e.g., 1 Absence and 2 late arrivals = 2 Absences.

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course or 1 class meeting in a 7-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given 1/2 absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

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CLASS ONE
Jacques Moramorco - Introduction to Chinese Medicine, Yin and Yang, Five Elements, Pillars of Chinese Medicine (students should begin reading materials described in Week two)

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CLASS TWO
GM (Giovanni Maciocia – Fundamentals of Chinese Medicine) pages 3-16
F (Bob Flaws – Statements of Fact) 1-14
CAM - pp. 12 – 19
And if you have time: CAM: 1- 19
GM: 41-71
F: 99-111
CAM: pp. 51 - 54
ACT: 9-10

Qi : Concept of Qi
Formation of Qi
Functions of Qi
Vital Substances
Directions of Qi Movement
Essence: Pre-heaven Post-heaven
Shen Qi Jing: Three Treasures

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CLASS THREE
Quiz on previous week(s)
5 elements:
GM: 20 – 40
CAM: 20-26

5 Element Theory (WEB - appendix F pp. 437 - 444

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CLASS FOUR
Zang Organ Functions & Manifestations: Heart Pericardium Lung
Spleen Liver Kidney Ming Men

Quiz on previous week(s)
CAM 27-40
ACT: 10- 16
F: 27- 75
GM: over the next 2 weeks read – 95-220

Reading for this week:
CLASS FIVE
ACT: 10-16
F: 27-75
GM: over the next 2 weeks read – 95-220

CAM: 38 – 41
F: 76 - 92

Zang Fu Theory fu organs
Gall Bladder Stomach Small Intestine
Large Intestine Urinary Bladder San Jiao

CLASS SIX
MID term EXAM

CLASS SEVEN
eight parameters

Lecture this week will cover: try to read
GM: 427-441
ACT: 19-21
CAM: 286-295
F: 15-26
Extraordinary organs
CAM 41-42
GM – 225- 234

CLASS EIGHT
Quiz on previous week(s)

CAM:254-265,
Read: F: 141-172
GM: 381-423, 237-283, 682-704

Theory of Etiology –
cause of disease
Disharmony Of Yin And Yang Conflict Between Antipathogenic Qi And Pathogenic Qi
Abnormal Ascending Or Descending Of Qi
Relative Strength Of The Righteous Qi
Internal - Emotions
External - Pathogens (weather)
Miscellaneous causes

CLASS NINE
Quiz on previous week(s)
Read F: 88-99
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Course Code: OM315
4 Units

GM: 223-234
CAM: 41- 50
MERIDIANS
Extraordinary Meridians
GM 839- 884
CAM 59- 65, 82- 114

CLASS TEN
Linda Morse: overview and review
Zang-fu and diagnosis introduction

CLASS ELEVEN
Cumulative Final Exam

REFERENCE MATERIAL

FACULTY INFO