
COURSE DESCRIPTION

This introductory course provides the foundation for the study and understanding of Oriental Medicine. Students are given a detailed overview of the various Oriental medicine theories and practices, highlighting the concepts of yin and yang, the five phases, the five vital substances, the zang fu, jing luo, the causation of disease, as well as the fundamental diagnostic concepts.

LEARNING OBJECTIVES

The study of basic principles and theories in various traditions of Oriental Medicine in relation to the concepts of Yin-Yang, Five Elements, 8 principles, Etiology, Qi, Blood, and the Zang-Fu organs, with reference to the Nei-Jing and other classic texts.

Students will learn the basic theories and correspondences of Yin-Yang, Qi/Life Force, Blood, Five Elements, the Twelve Officials, Etiological factors with special emphasis on Zang-Fu organs and differentiation according to the Eight Principles.

COURSE PREREQUISITIES

None

REQUIRED TEXTS

Chinese Acupuncture & Moxibustion Edited by C. Xinnong. Foreign language press, Beijing, China. Revised Edition - "CAM"

Foundations of Chinese Medicine by G. Maciocia. Churchill Livingstone, Philadelphia. PA. 2nd Edition 2005 - "GM"
Acupuncture: A Comprehensive Text "ACT"
Statement of Fact, Flaws "F"

RECOMMENDED TEXTS

The Web That Has No Weaver by T. Kaptchuk. McGraw-Hill, Columbus, Ohio, Second edition 2000
Fundamentals Study Guide - PMPH
Basic Theories of Traditional Chinese Medicine - Academy Press
Who Can Ride the Dragon – Zhang-Rose
Brief History of Qi – Zhang-Rose

COURSE REQUIREMENTS

50% Quizzes AND ASSIGNMENTS
25% Mid-Term Examination
25% Final Examination

Quizzes will be given at the beginning of each class. There will be NO make-up quizzes given.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

To Pass this Course (and all Emperor's courses) Students must have Full and Prompt Attendance. Students can miss no more than 80% of this 10-week course (no more than 2 full Absences). Arriving late to class (more than 15

minutes), returning late from breaks (more than 10 minutes) or leaving before the class ends (more than 15 minutes) is counted as 1/2 Absence. Absences and late arrivals/early departures combine in computing 80% requirement for full attendance, e.g., 1 Absence and 2 late arrivals = 2 Absences.

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course or 1 class meeting in a 7-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

CLASS ONE

Jacques Moramorco - Introduction to Chinese Medicine, Yin and Yang, Five Elements, Pillars of Chinese Medicine (students should begin reading materials described in Week two)

CLASS TWO

GM (Giovanni Maciocia – Fundamentals of Chinese Medicine) pages 3-16

F (Bob Flaws – Statements of Fact) 1-14

CAM - pp. 12 – 19

And if you have time: CAM: 1- 19

GM: 41-71

F: 99-111

CAM: pp. 51 - 54

ACT: 9-10

Qi : Concept of Qi Formation of Qi Functions of Qi

Vital Substances

Directions of Qi Movement

Essence: Pre-heaven Post-heaven

Shen Qi Jing: Three Treasures

CLASS THREE

Quiz on previous week(s)

5 elements:

GM: 20 – 40

CAM: 20-26

5 Element Theory (WEB - appendix F pp. 437 - 444)

CLASS FOUR

Zang Organ Functions & Manifestations: Heart Pericardium Lung

Spleen Liver Kidney Ming Men

Quiz on previous week(s)

CAM 27-40

ACT: 10- 16

F: 27- 75

GM: over the next 2 weeks read – 95-220

Reading for this week:

CAM: 38 – 41
F: 76 - 92

CLASS FIVE

ACT: 10- 16

F: 27- 75

GM: over the next 2 weeks read – 95-220

CAM: 38 – 41

F: 76 - 92

Zang Fu Theory fu organs

Gall Bladder Stomach Small Intestine

Large Intestine Urinary Bladder San Jiao

CLASS SIX

MID term EXAM

CLASS SEVEN

eight parameters

Lecture this week will cover: try to read

GM: 427-441

ACT: 19-21

CAM: 286-295

F: 15-26

Extraordinary organs

CAM 41-42

GM – 225- 234

CLASS EIGHT

Quiz on previous week(s)

CAM:254-265,

Read: F: 141- 172

GM: 381-423, 237- 283, 682-704

Theory of Etiology –

cause of disease

Disharmony Of Yin And Yang Conflict Between Antipathogenic Qi And Pathogenic Qi

Abnormal Ascending Or Descending Of Qi

Relative Strength Of The Righteous Qi

Internal - Emotions

External - Pathogens (weather)

Miscellaneous causes

CLASS NINE

Quiz on previous week(s)

Read F: 88-99

Course Code **OM315**

4 Units

**EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
FUNDAMENTALS OF O.M.**

*Eisenstark,
MoraMarco
Spring 2010*

GM: 223-234
CAM: 41- 50
MERIDIANS
Extraordinary Meridians
GM 839- 884
CAM 59- 65, 82- 114

CLASS TEN

Linda Morse: overview and review
Zang-fu and diagnosis introduction

CLASS ELEVEN

Cumulative Final Exam

REFERENCE MATERIAL

FACULTY INFO