Course OM330

## EMPEROR'S COLLEGE MTOM COURSE SYLLABUS ORIENTAL DIAGNOSIS

**Qiao, Yi** Spring 2010

## COURSE DESCRIPTION

4 Units

This course is an introduction to the basic skills and theories of TCM diagnosis, using the "Four Pillars" of diagnosis; Observation, Auscultation/Olfaction, Inquiry and Palpation. Students will be exposed to the diagnostic techniques and indexes for pulse and tongue examinations, Qi/Blood/Fluid patterns, the eight principles and four levels of pattern identification, and the visual examinations of the face and body. Upon successful completion of this course, the TCM student will have gained the basic skills and knowledge to perform patient intakes and gather relevant information to formulate a TCM diagnosis.

formulate a TCM diagnosis.
LEARNING OBJECTIVES
The successful student will be able to apply the "Four Pillars "or "Four Examinations"; namely, "Looking", "Listening/Smelling", "Asking" and "Touching" in order to reach a working diagnosis according to the principles of Traditional Chinese Medicine.
COURSE PREREQUISITIES
Fundamentals of Oriental Medicine
REQUIRED TEXTS
Chinese Acupuncture and Moxibustion, Language Press, Beijing, 1999.  Foundations of Chinese Medicine, Maciocia  Practical Diagnosis - Deng  Traditional Chinese Medicine Study Guide: Diagnosis, Yi Qiao/Al Stone, Eastland Press, 2008
RECOMMENDED TEXTS  Tongue Diagnosis in Chinese Medicine, Maciocia Pulse Diagnosis, Li Shi Zhen
COURSE REQUIREMENTS
Attendance, participation and homework Quit #1 25% Quit #2 25% Final Exam 25%
*NOTE - Because this class will rely heavily on practical application of the diagnostic methods being learned, promptness and attendance are essential. Furthermore, more than one absence or excessive tardiness or leave before the end of class will result in the lowering of grades.
GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F
SPECIAL NOTES
Handout: http://www.tcmheals.us/student/diagnosis

**CLASS ONE** 

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Introduction to class and class requirements	٠.
Lecture: Introduction of TCM diagnosis	

Lecture: The Pulse

Practice: Basic pulse taking skills

Home work

**CLASS TWO** 

Lecture: The Pulse (continued)

Practice: Pulse taking

Home work

**CLASS THREE** 

Lecture: palpation

Practice: Pulse taking and palpation

Clinical Observation

Home work

**CLASS FOUR** 

Quiz #1

Review Quiz#1

Lecture: Observation/Looking

**CLASS FIVE** 

Lecture: Tongue Diagnosis Practice: Tongue Diagnosis

Homework

**CLASS SIX** 

Lecture: Tongue Diagnosis Practice: Tongue Diagnosis

Clinical Observation

Homework

**CLASS SEVEN** 

Quiz#2 Review #2

Clinical observation

Lecture: Listening and smelling

**CLASS EIGHT** 

Lecture: Inquiring Practice: Inquiring

**CLASS NINE** 

Lecture: Inquiring Practice: inquiring

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CLASS TEN Lecture: Inquiring

Review Emperor's Clinic intake form

Final exam review

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**CLASS ELEVEN** 

Final Examination (25%) Homework due

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## REFERENCE MATERIAL

Notes for Oriental Diagnosis

Observation; complexion, posture, demeanor, tongue, nails, color, aura, emotional and spiritual presentation of the individual.

Audio-Olfaction; sound of voice, breathing, wheezing, body noise, quality of voice, content, language and tone of the patient's oral presentation, emotions and smell.

Inquiry: ability to gather a complete history of the individual's process of health and illness, personal history, family history, current stresses and support; ability to ask questions which best present Yin-Yang, elemental and functional balance of Qi according to the traditional correlations and correspondences; the ten questions and the five questions.

Oriental Diagnostic Theory; the principles and methods of investigation and examination. The study of patterns of disharmony, systems of correspondences, differentiation of syndrome, assessment of change, pathogenesis of disease and clinical manifestations.

World-Wide-Web Links of Interest

FIVE PHASE PULSE DIAGNOSIS: The Art of Science Or the Science of Art? by Andrew Smith, MEd, BA(Mil), DiplAc http://botanicum.com/acuahmedresearch142.html

or

http://www.acupuncture.com/Research/Pulse2.htm

**TONGUE DIAGNOSIS** 

http://beyondwellbeing.com/html/tongueform.htm

**FACULTY INFO** 

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