

## SPRING OPENING SERIES CLASSES

for non-matriculated students

Opening Series is a selection of 11-week courses that provide an introduction to basic concepts in Oriental Medicine. These classes are an integral compone<mark>nt of Emperor</mark>'s Co<mark>llege</mark> ma<mark>ster's</mark> degree program and academic units are awarded for each class. If you decide to enroll in the master's degree program your credits will transfer.

\*NEW\* EL255 | 2 Units 10:00am - 12:00pm Jade Woman Qi Gong Tues Jade Woman qi gong is a beautiful and flowing form of movement therapy that addresses the special needs of women's physical and emotional hea<mark>lth. Althou</mark>gh <mark>designed fo</mark>r <mark>women, Jade Woman</mark> qi gong can benefit anyone who suffers from circulation problems, seeks enhanced energy and is interested in learning about and/or treating women's health conditions.

Introduction to Herbal Medicine

**HB300 | 2 Units** 

12:30 - 2:30pm Tues

Learn major herb groups, Chinese botanical nomenclature and an understanding of important herbs from the Oriental pharmacopoeia including individual properties such as flavor, entering meridians, functions and medicinal uses.

**Fundamentals of Oriental Medicine** 

OM315 | 4 Units

5:30pm - 9:30pm Tues

This class provides the groundwork of basic principles and theories of Oriental Medicine including Yin-Yang Theory, Five Elements, Eight Principles, Etiology, Qi, Blood, Body Fluids, Zang Fu and other paradigms of TCM. Establishes a solid foundation for all future studies in Oriental Medicine.

**Art of Meditation** 

**EL143 | 2 Units** 

Wed

10:00am - 12:00pm

In this class you will study the fundamental philosophy, form and practice of meditation. You will be introduced to breathing, sitting and mindfulness techniques which will foster increased awareness of internal gi, yin and yang organs, and the meridian system.

Medical Qi Gong I

OM351 | 2 Units

Thurs 1:00pm - 3:00pm

Students practice breathing, posture, relaxation, energy movement and mind-regulating techniques that empower a direct experience of Qi with the ability to direct it therapeutically. \*Meets at Douglas Park. 1155 Chelsea Ave, 90403.

Tai Chi I - Sun Style

OM353 | 2 Units

Thurs 6:00pm - 8:00pm

Sun style tai chi is considered a "combination style" tai chi, incorporating movements from Hao style tai chi and other forms of internal martial arts, namely ba gua and hsing-si. Sun style is best known for its smooth, flowing movements and gentle postures. Its high stances make it very suitable for those looking for health benefits and a practice that is easy to incorporate into daily life. In this class, students gain understanding of the history and theory of Sun style tai chi through basic principles, breathing techniques, movements, and centering postures. \*Meets at Douglas Park. 1155 Chelsea Ave, 90403.

Amma/Shiatsu \*NEW\*

**EL202 | 3 Units** 

Thurs 6:00pm -9:00pm

This course introduces students to two of the primary Japanese manual therapies. Anma and shiatsu access the acupuncture meridian system and have been shown to enhance circulation, reduce stress and promote wellbeing. Students will learn proper body mechanics and techniques, and will develop the sensitivity and skills necessary for applying these methods.

Enrollment Requirement: Previous completion of at least of 60 semester units (90 quarter units) of undergraduate-level coursework.

Cost: \$170.00 per unit plus \$45.00 non-refundable registration fee. Register early as classes fill up. Schedule is subject to revision. Call to confirm class days and times.

> 11 Week Spring Quarter Begins Monday, March 31, 2013 Scroll down for registration forms

**EMPEROR'S COLLEGE OF TRADITIONAL ORIENTAL MEDICINE** 

1807 WILSHIRE BLVD., SUITE 200 SANTA MONICA, CA 90403 310.453.8300 x 127









## Part 1

	Personal Data -	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		9 %				
	Application Date / /	Applying for: □Winter □	ISpring □Summer □Fall Year:					
Please submit a photo	☐ New student ☐ Transfer student	Name of OM Institution:						
	☐ Full-time student ☐ Part-time student	-						
	Legal Name							
	Last Name (Family Name)	First	Middle (Maiden)					
	Address							
	Mailing Address, if different							
	Prior Name(s)							
	Social Security Number							
	Home Phone ( )	Work Phone (	)					
	Mobile/Pager ( )	E-mail						
	Date of Birth / /	Place of Birth						
	Month Day Year	City	State Country					
	CITIZENSHIP							
	Do you plan to apply for financial aid? Yes No If yes, please complete Part 4 of the Application for Admission							
	☐ US/Dual US Citizen	If dual, specify other cit	er citizenship					
	☐ Other citizenship: Country	Visa type						
	□ US Permanent Resident visa, Green Card Number Citizen of							
	ACADEMIC INFORMATION							
	Institution/Location	Major/Degree	Dates Attended/Units completed					
	Institution/Location	Major/Degree	Dates Attended/Units completed					
	Institution/Location	Major/Degree	Dates Attended/Units completed					
			. 1					

## Part 1

Personal Data	0 8 8 0 0 0 0 0 0 0 0 0 0			
EMPLOYMENT INFORMATIO	N			
Name of Employer	Location	Position	Phone	Dates of Employment
How did you find out about th	ne MTOM Program at Emperon	r's College?		
What were the most importan	t factors in your decision to ap	unly to Emperor's C	`allege?	
what were the most importan	t ractors in your decision to ap	pry to Emperor 3 C	.onege:	
		2		
EMERGENCY CONTACTS (Pl	ease list two)			
Name		Relationship t	o applicant	
Address		Phone (	)	
Name	-	Relationship t	to applicant	
Address		Phone (	)	
	0 0 0 0 0 0 0 0 0 0 0 0			
ETHNIC BACKGROUND (Info	ormation in this section will be	used for statistical	analysis only and is stric	tly voluntary)
☐ African American/Black	☐ American Indian/Alas	kan Native	☐ Asian/Pacific Isl	ander
☐ Hispanic/Latino(a)	☐ White/Caucasian	☐ Other		
information on this form char	supplied by me on this applicat nges between now and my mat it failure to do so may result in	riculation at Empe	ror's College, I will notify	the Director of
Signature			Date	



## Opening Series Registration Form

Introduction: Procedure:	minim Acade maste 1. A fi 2. F	fundable registration fee and 50% of course tuition fees to Emperor's College Admissions Department.  2. Pay the remaining tuition balance by the end of the first week of the quarter. (late payments are subject to a \$30 late fee).								
Name:				Date:_						
Quarter:										
		) per unit; \$45 Regist	tration		_					
Add/Drop	Code	Course		Instructor	Day	Time	Units			
□ Add □ Drop										
□ Add □ Drop □ Add □ Drop										
□ Add □ Drop										
□ Add □ Drop										
□ Add □ Drop										
Please be aware of our policy for DROPPING courses: All students must notify the Administration Office if he/she chooses to drop a course. There is a \$25 fee for each course dropped. Tuition refunds are prorated for each week of class instruction that has passed.  I am aware of my responsibilities regarding payment for Opening Series classes and understand that I must notify Emperor's College admissions department immediately if I decide to drop the										
	e registered	d for. I agree to pay a	•	s and tuition		•				
Office Use On	ly									
□ Approved										

Authorized signature

Date