

# WINTER OPENING SERIES CLASSES

## for non-matriculated students

**Opening Series** is a selection of 11-week courses that provide an introduction to basic concepts in Oriental Medicine. These classes are an integral component of Emperor's College master's degree program and academic units are awarded for each class. If you decide to enroll in the master's degree program your credits will transfer.

### Introduction to Herbal Medicine

HB300 | 2 Units

Mon 12:30pm – 2:30pm

Learn major herb groups, Chinese botanical nomenclature and an understanding of important herbs from the Oriental pharmacopoeia including individual properties such as flavor, entering meridians, functions and medicinal uses.

### Medical Qi Gong I

OM351 | 2 Units

Mon 3:00pm – 5:00pm

Students practice breathing, posture, relaxation, energy movement and mind-regulating techniques that empower a direct experience of Qi with the ability to direct it therapeutically. *Meets at Douglas Park, 1155 Chelsea Ave, Santa Monica.*

### Fundamentals of Oriental Medicine

OM315 | 4 Units

Mon 5:30pm – 9:30pm

This class provides the groundwork of basic principles and theories of Oriental Medicine including Yin-Yang Theory, Five Elements, Eight Principles, Etiology, Qi, Blood, Body Fluids, Zang Fu and other paradigms of TCM. It also establishes a solid foundation for all future studies in Oriental Medicine.

### Jade Woman Qi Gong

EL255 | 2 Units

Tues 10:00am – 12:00pm

Jade Woman qi gong is a beautiful and flowing form of movement therapy that addresses the special needs of women's physical and emotional health. Although designed for women, Jade Woman qi gong can benefit anyone who suffers from circulation problems, seeks enhanced energy, and is interested in learning about and/or treating women's health conditions.

### Art of Meditation

EL143 | 2 Units

Wed 10:00am – 12:00pm

In this class you will study the fundamental philosophy, form and practice of meditation. You will be introduced to breathing, sitting and mindfulness techniques which will foster increased awareness of internal qi, yin and yang organs, and the meridian system.

### Tai Chi I – Yang Style

OM350 | 2 Units

Wed 6:30pm – 8:30pm

Yang style tai chi is the most well-known and widely practiced style of tai chi in the world. This practical course provides a basic introduction to the theory and benefits of Yang style tai chi. Students will learn and practice the first one-third of the classic Yang style form set, with an emphasis on the proper breathing technique and body movements.

### Plant Medicines of the West

EL535 | 2 Units

Thurs 6:00pm – 8:00pm

Get an introduction to principles and theories of Western herbology, including adaptogens and tonifications. Dive into scientific data and present research on Western herbal medicines. Learn how to choose specific herbs, teas and spices for the treatment of organ system diseases, imbalances and psychological conditions.

### Tai Chi – 24-Form Yang Style

EL736 | 2 Units

Fri 6:00pm – 8:00pm

This form was created in the 20th century to be a simplified version of tai chi and exercise for health maintenance and disease prevention. The 24 postures form gives the student an introduction to the essential elements of tai chi, while retaining the traditional flavor of the longer forms. Due to its simplified nature, the 24-Form is one of the most practiced tai chi forms in China and all over the world.

Students must have a minimum of 60 semester units (90 quarter units) of undergraduate coursework to enroll.

Cost: \$185.00 per unit plus \$45.00 non-refundable registration fee.

Register early as classes fill up. Schedule is subject to revision. Call to confirm class days and times.

11 Week Winter Quarter Begins **Monday, January 5, 2015**

Register at [www.emperors.edu/newsandevents](http://www.emperors.edu/newsandevents)

Contact [admissions@emperors.edu](mailto:admissions@emperors.edu) or (310) 453-8300 x127 for more information

EMPEROR'S COLLEGE OF TRADITIONAL ORIENTAL MEDICINE

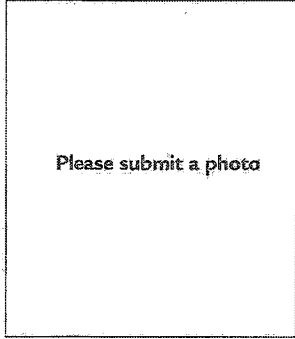
1807 WILSHIRE BLVD., SUITE 200

SANTA MONICA, CA 90403

[www.emperors.edu](http://www.emperors.edu)

# Part 1

## Personal Data -



Application Date / / Applying for:  Winter  Spring  Summer  Fall Year:

New student  Transfer student Name of OM Institution:

Full-time student  Part-time student

Legal Name  
 Last Name (Family Name) First Middle (Maiden)

Address

Mailing Address, if different

Prior Name(s)

Social Security Number

Home Phone ( ) Work Phone ( )

Mobile/Pager ( ) E-mail

Date of Birth / / Place of Birth  
 Month Day Year City State Country

## CITIZENSHIP

Do you plan to apply for financial aid?  Yes  No If yes, please complete Part 4 of the Application for Admission

US/Dual US Citizen If dual, specify other citizenship

Other citizenship: Country Visa type

US Permanent Resident visa, Green Card Number Citizen of

## ACADEMIC INFORMATION

Institution/Location	Major/Degree	Dates Attended/Units completed

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Institution/Location	Major/Degree	Dates Attended/Units completed



# Part 1

## Personal Data

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### EMPLOYMENT INFORMATION

Name of Employer	Location	Position	Phone	Dates of Employment

How did you find out about the MTOM Program at Emperor's College?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What were the most important factors in your decision to apply to Emperor's College?

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### EMERGENCY CONTACTS (Please list two)

Name	Relationship to applicant
Address	Phone (      )

Name	Relationship to applicant
Address	Phone (      )

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### ETHNIC BACKGROUND (Information in this section will be used for statistical analysis only and is strictly voluntary)

- African American/Black
- American Indian/Alaskan Native
- Asian/Pacific Islander
- Hispanic/Latino(a)
- White/Caucasian
- Other

I certify that the information supplied by me on this application is true and correct to the best of my knowledge. If any of the information on this form changes between now and my matriculation at Emperor's College, I will notify the Director of Admissions. I understand that failure to do so may result in withdrawal of my application and/or the offer of admission.

Signature \_\_\_\_\_ Date \_\_\_\_\_



## Opening Series Registration Form

**Introduction:** Opening Series students are limited to Opening Series classes only. There is no minimum or maximum number of credit units Opening Series students may take. Academic credit is awarded for all classes which is fully transferable into the master's degree program.

- Procedure:**
1. Mail this form, along with the Opening Series application, the \$45 non-fundable registration fee and 50% of course tuition fees to Emperor's College Admissions Department.
  2. Pay the remaining tuition balance by the end of the first week of the quarter. (late payments are subject to a \$30 late fee).
  3. For classroom assignment and text book information contact the Admissions Department at 310-453-8300.

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Quarter:**     Fall     Winter     Spring     Summer    **Year:** \_\_\_\_\_

<b>Academic Courses</b> \$185 per unit; \$45 Registration						
Add/Drop	Code	Course	Instructor	Day	Time	Units
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						

**Please be aware of our policy for DROPPING courses:** All students must notify the Administration Office if he/she chooses to drop a course. There is a \$25 fee for each course dropped. Tuition refunds are prorated for each week of class instruction that has passed.

***I am aware of my responsibilities regarding payment for Opening Series classes and understand that I must notify Emperor's College admissions department immediately if I decide to drop the course(s) I have registered for. I agree to pay associated fees and tuition charges related to this registration.***

\_\_\_\_\_  
**Student signature**

\_\_\_\_\_  
**Date**

<b>Office Use Only</b>	
<input type="checkbox"/> <b>Approved</b> _____ <div style="text-align: center; font-size: small; margin-top: 5px;">Authorized signature</div>	_____ <div style="text-align: center; font-size: small; margin-top: 5px;">Date</div>