EMPEROR'S COLLEGE
GRADUATE SCHOOL OF TRADITIONAL ORIENTAL MEDICINE

NEI GONG CONCENTRATION

The Nei Gong ("Inner Healing") Concentration is comprised of Tai Chi, Qi gong and meditation offerings. Emperor's college is unique in that it is the only college of Oriental medicine in the country that offers a "qi cultivation" component that includes all five major styles of Tai Chi and several Qi Gong forms. The exposure to all five major styles of Tai Chi, with an emphasis on the medical and rehabilitative applications of the forms, makes the Nei Gong Concentration the most comprehensive inner healing program offered at a graduate level.

Nei Gong Concentration Overview

Several classes offered in the Nei Gong Concentration. Students must obtain 18 elective units, in addition to the 4 required units of Tai Chi and Qi Gong to obtain this concentration (equaling 220 hours of training or 11 classes).

Required course to meet the (2 unit) Qi Gong Requirement:

OM351	Medical Qi Gong	David Twicken	2 units

Select 1 elective course from the list below to meet the (2 unit) Tai Chi Requirement:

OM350	Yang Tai Chi	Tim O'Connor, Tang Pang-Yen	2 units
OM352	Chen Tai Chi	Ji Ling Hu	2 units
OM353	Sun Tai Chi I	Jacques MoraMarco	2 units

Select 9 elective courses (18 units) from the list below:

OM350	Yang Tai Chi	Tim O'Connor, Tang Pang-Yen	2 units
OM352	Chen Tai Chi	Ji Ling Hu	2 units
OM353	Sun Tai Chi I	Jacques MoraMarco	2 units
EL732	Tai Chi II – Sun Tai Chi	Jacques MoraMarco	2 units
EL255	Jade Woman I	Helena Zhang	2 units
ELTBD	Jade Woman II	Helena Zhang	2 units
EL736	Yang 24Form	Ming Dong Li	2 units
EL735	Tai Chi Sword	Ming Dong Li	2 units
ELTBD	Tai Chi Hao	Jacques MoraMarco	2 units
ELTBD	Tai Chi Wu	TBA	2 units
ELTBD	Nei Gong I	Tang Pang-Yen	2 units
EL258	Flying Phoenix Nei Gong	Tang Pang-Yen	2 units
EL143	Art of Meditation	Brendan Armm	2 units
EL733	Tai Chi Short Form	Tang Pang-Yen	2 units

**Schedule subject to change based on instructor availability.*

The Nei Gong Experience

Completion of the Nei Gong Concentration would uniquely prepare graduates to incorporate tai chi, qi gong and meditative practices in class or clinical settings, at senior and rehabilitative centers, with a variety of clinical applications.