COURSE DESCRIPTION

This course uses the most current teaching method in Japan. Students will learn the philosophy, history, and culture of Japan that make it Japanese Style Acupuncture / Moxibustion (Hari-Kyu). This three hour, 11 week course will cover fundamental concept, basic and advanced Japanese style需要技术 (including Shoni-Shin - Japanese Pediatric Acupuncture), Japanese Style Moxibustion, Palpation examination including Hara Diagnosis (Abdominal examination) and modality of gentle and subtle Japanese Style Acupuncture treatment protocol based on Body Surface Observation.

LEARNING OBJECTIVES

At the end of this course, students will be able to:
1. Identify & describe, unique features, characteristics, & modality of Hari-Kyu
2. Develop the palpation examination skill to assess and diagnose
3. Demonstrate standardized Hari protocol techniques in accordance w/ CNT
4. Demonstrate various needling techniques (filiform & non-invasive needles) used in Japan currently
5. Demonstrate various moxibustion (Okyu) techniques, & Shonishin (pediatric Japanese acupuncture) techniques & protocols
6. Demonstrate and apply Japanese Style Acupuncture Treatment modality

COURSE PREREQUISITIES


REQUIRED TEXTS

Instructional Materials: Seirin Needle (02 – 40mm, 01 – 40mm, 1 – 40mm), Loose Wakakusa Moxa, Incense, Lighter, Ashtray - Clean Needle Travel Kit

Instructional Texts:
Handouts

RECOMMENDED TEXTS

COURSE REQUIREMENTS

Out-of-Class Work
To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

Student Evaluation: Attendance, Class participation, Attitude in class, Oral, Written, & Practical - Final Examination

Grading:
Students will be assessed and graded using standard Emperor’s College letter grading. Positive class participation is evaluated as well.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F
SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 11-week course will earn an F in that course.

Additionally, Dr Maeda adheres to a zero-tardy policy. Students must be on-time at the start of class or they will receive a tardy. Two tardies equals one absences.

NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

Policy of the class: No texting, facebooking, surfing the Internet, food or drink (exclude water & tea) are allowed during the class. No walk in & out of the classroom during the class except emergency and restroom (although that should be taken care of during break). Please turn off your cell phones.

Students must be wearing lab coat at all time during the class.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Lecture – The concept of "Hari-Kyu - Japanese Style Acupuncture"
Practical - Demonstration of needling (JAC CNT), Katate Soukan, Needling Exercise (Oshide, Sashide, Seppi, Dan-Nyu & Shi-shin)

CLASS TWO
Lecture – Shin-Dou "the way of Acupuncture", "Wa – the way of harmony", TLC for our patients, Japanese Style Moxibustion – Tonetsu Kyu
Practical - Demonstration of needling, Katate Sou Kan, Japanese Style Moxibustion, and Needling Exercise (Sennen Jutsu, Dansou Jutsu, Jakatuku Jutsu, Zuishin Jutsu)

CLASS THREE
Lecture – Palpation 1: Importance of the "Touch", Fundamental of palpation, Creation of practitioner's "healing hands"
Practical - Demonstration of Palpation, Katate Soukan, Needling Exercise, Moxibustion Practice, and Palpation Exercise (Kikou Jutsu, Sanshin Jutsu, Ranshin Jutsu)

CLASS FOUR
Lecture – Palpation 2: Diagnosis, then immediate treatment, Differentiating Tsubo into Four Classifications and their Phases.
Practical – Searching for Tsubo, Katate Soukan, Needling Exercise, Moxibustion Practice, and Palpation Exercise (Okurou Jutsu, Sancho Jutsu, Akatsuki no Jutsu, Daichou Jutsu)

CLASS FIVE
Lecture – Japanese Acupuncture Treatment Modalities: Taikyoku Ryoushoku, Keiraku Chiryo, Yin/Yang Crossover…
Body Surface Observation base Acupuncture
Practical – above lecture will be put into practice

CLASS SIX
Lecture – Various style of Japanese Style Moxibustion: On Kyu
(Warming) Shio Kyu (Salt), Miso Kyu (Miso), Shouga Kyu
(Ginger), and NinNiku Kyu (Garlic), Hako Kyu
Practical – Demonstration & practice of Japanese Style Moxibustion

CLASS SEVEN
Lecture – Japanese Style Acupuncture Treatment: Branch
Practical – Demonstration of treatment and practice, Moxibustion Practice

CLASS EIGHT
Lecture – Japanese Style Acupuncture Treatment: Root
Practical – Demonstration of treatment and practice, Moxibustion Practice

CLASS NINE
Lecture – Japanese Style Acupuncture Treatment: Shoni-Shin, sesshoku Shin
Practical – Demonstration of treatment and practice, Moxibustion Practice

CLASS TEN
Lecture – Review for Final Examination, Q & A
Practical – Review for Final Examination

CLASS ELEVEN
Final Exam – Written & Practical

REFERENCE MATERIAL

FACULTY INFO

Maeda, Atsuki
Please check with instructor during class to get updated contact info.

maedasensei@gmail.com