COURSE DESCRIPTION

This course uses the most current teaching method in Japan. Students will learn the philosophy, history, and culture of Japan that make it Japanese Style Acupuncture / Moxibustion (『鍼灸』Hari-Kyu). This three hour, 11 week course will cover fundamental concept, basic and advanced Japanese style needling techniques (including 『小兒鍼』Shoni-Shin - Japanese Pediatric Acupuncture), Japanese Style Moxibustion, Palpatory examination including 『腹診』Hara Diagnosis (Abdominal examination) and modality of gentle and subtle Japanese Style Acupuncture treatment protocol based on 『体表観察』Body Surface Observation.

LEARNING OBJECTIVES

At the end of this course, students will be able to:
1. Identify & describe, unique features, characteristics, & modality of 『鍼灸』Hari-Kyu
2. Develop the palpatory examination skill to assess and diagnose
3. Demonstrate standardized 『鍼』Hari protocol techniques in accordance w/ CNT
4. Demonstrate various needling techniques (filiform & non-invasive needles) used in Japan currently
5. Demonstrate various moxibustion (『お灸』Okyu) techniques, & 『小児鍼』Shonishin (pediatric Japanese acupuncture) techniques & protocols
6. Demonstrate and apply Japanese Style Acupuncture Treatment modality

COURSE PREREQUISITES


REQUIRED TEXTS

Instructional Materials: Seirin Needle (02 – 40mm, 01 – 40mm, 1 – 40mm), Loose Wakakusa Moxa, Incense, Lighter, Ashtray - Clean Needle Travel Kit

Instructional Texts: Handouts

RECOMMENDED TEXTS

COURSE REQUIREMENTS

Student Evaluation: Attendance, Class participation, Attitude in class, Oral, Written, & Practical - Final Examination

Grading: Students will be assessed and graded using standard Emperor’s College letter grading. Positive class participation is evaluated as well.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES
Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 11-week course will earn an F in that course.

Additionally, Dr Maeda adheres to a zero-tardy policy. Students must be on-time at the start of class or they will receive a tardy. Two tardies equals one absence.

NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

Policy of the class: No texting, facebooking, surfing the Internet, food or drink (exclude water & tea) are allowed during the class. No walk in & out of the classroom during the class except emergency and restroom (although that should be taken care of during break). Please turn off your cell phones. Students must be wearing lab coat at all time during the class.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Lecture – The concept of "『鍼灸』Hari-Kyu - Japanese Style Acupuncture"
Practical - Demonstration of needling (JAC CNT) 『手把管』Katate Soukan, Needling Exercise (押手Oshide, 刺手Sashide, 切皮Seppi, 弾人Dan-Nyu & 刺鍼Shi-shin)

CLASS TWO
Lecture – 『鍼道』Shin-Dou "the way of Acupuncture", 『和』Wa – the way of harmony", TLC for our patients, Japanese Style Moxibustion – 『透熱灸』
Tonetsu Kyu
Practical - Demonstration of needling, Katate Sou Kan, Japanese Style Moxibustion, and Needling Exercise (旋撚術Sennen Jutsu, 弾爪術Dansou Jutsu, 雀啄術Jakatak Jutsu, 随鍼術Zuishin Jutsu)

CLASS THREE
Lecture – 『診察』Palpation 1: Importance of the “Touch”, Fundamental of palpation, Creation of practitioner’s 『治療家の手』“healing hands”
Practical - Demonstration of Palpation, Katate Soukan, Needling Exercise, Moxibustion Practice, and Palpation Exercise (気行術Kikou Jutsu, 細刺術Saishi Jutsu, 散鍼術Sanshin Jutsu, 乱鍼術Ranshin Jutsu)

CLASS FOUR
Lecture – 『診察』Palpation 2: Diagnosis, then immediate treatment, Differentiating 『つぼ』Tsubo into Four Classifications and their Phases.
Practical – Searching for Tsubo, Katate Soukan, Needling Exercise, Moxibustion Practice, and Palpation Exercise (屋漏術Okrou Jutsu, 三調術Sancho Jutsu, 明の術Akatsuki no Jutsu, 内調術Daichou Jutsu)

CLASS FIVE
Lecture – Japanese Acupuncture Treatment Modalities: 太極療法Taikyoku
### CLASS SIX
Lecture – Various style of Japanese Style Moxibustion: 温灸On Kyu
(Warming) 塩灸Shio Kyu (Salt), 味噌灸Miso Kyu (Miso), 生姜灸Shouga Kyu
(Ginger), and 大蒜灸NinNiku Kyu (Garlic), 箱灸（桶灸）Hako Kyu
Practical – Demonstration & practice of Japanese Style Moxibustion

### CLASS SEVEN
Lecture – Japanese Style Acupuncture Treatment: 本治法Branch
Practical – Demonstration of treatment and practice, Moxibustion Practice

### CLASS EIGHT
Lecture – Japanese Style Acupuncture Treatment: 標治法Root
Practical – Demonstration of treatment and practice, Moxibustion Practice

### CLASS NINE
Lecture – Japanese Style Acupuncture Treatment: 小児灸Shoni-Shin, 接触灸
Sesshoku Shin
Practical – Demonstration of treatment and practice, Moxibustion Practice

### CLASS TEN
Lecture – Review for Final Examination, Q & A
Practical – Review for Final Examination

### CLASS ELEVEN
Final Exam – Written & Practical

### REFERENCE MATERIAL

### FACULTY INFO

Maeda, Atsuki
Please check with instructor during class to get updated contact info.

maedasensei@gmail.com