COURSE DESCRIPTION

This course offers a study in herbology that are of particular importance in terms of their practical application as established by the California State Board.

LEARNING OBJECTIVES

Upon completion of this course, a successful student will be able to list the properties, channels, functions, clinical applications and the special notes of the above herbs.

COURSE PREREQUISITIES

Herbal Pharmacopoeia I, II, III, IV

REQUIRED TEXTS

Chinese Herbal Medicine Materia Medica,

RECOMMENDED TEXTS

None

COURSE REQUIREMENTS

25% Attendance
25% Class Participation
25% Mid-term Exam
25% Final Exam

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Herbs that disperse wind-cold
Hers that disperse wind-heat
Herbs that clear heat and drain fire

CLASS TWO
Herbs that clear damp-heat
Herbs that clear toxic heat
Herbs that clear blood heat
Herbs that clear deficient heat
Purgative herbs
Cathartic herbs that drive out fluid-retention

CLASS THREE
Wind-damp relieving herbs
Internal warming herbs
Aromatic herbs that transform dampness
Sweet and bland herbs that drain dampness

CLASS FOUR
Herbs that clear heat, drain dampness and unblock Lyn syndrome
Digestant herbs
Anti-parasitic herbs
Herbs that regulate the Qi

CLASS FIVE
Mid-term exam

CLASS SIX
Herbs that calm the liver and extinguish wind
Herbs that calm the spirit
Herbs that open the orifice
Herbs that stop bleeding

CLASS SEVEN
Herbs that invigorate blood
Herbs that transform phlegm
Herbs that stop coughing and wheezing

CLASS EIGHT
Herbs that tonify the Qi
Herbs that tonify the blood
Herbs that tonify the Yin

CLASS NINE
Herbs that tonify the Yang
Astringent herbs

CLASS TEN
Final Exam

CLASS ELEVEN
REFERENCE MATERIAL

FACULTY INFO

Zhang, Helena
Please check with instructor during class to get updated contact info.
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