COURSE DESCRIPTION

This course provides students with a theoretical understanding of the classical roots of five phase theory, and how to integrate understanding of the five phases into the clinical practice of Oriental medicine.

LEARNING OBJECTIVES

Upon completion of this course, students will be able to demonstrate, in writing or by identification, understanding of nature’s cycles, externally and internally, and to demonstrate their knowledge, practically and in writing, in regard to Five Element correspondences, pulse taking, diagnosis, and special point usage and application.

COURSE PREREQUISITIES

REQUIRED TEXTS

Classical Five-Element Acupuncture Volume III: The Five Elements and the Officials by J.R. Worsley

Meridians of Chi Energy and Five-Element Chart

RECOMMENDED TEXTS

COURSE REQUIREMENTS

Exam 40%
Class Participation 20%
Outside Project 40%

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Welcome, Introductions, Context of Classical Five-Element Acupuncture, Purpose, Objectives, Grading, Evaluation, Attendance.
Causative Factor and Overview of Elements
Internal and External Causes of Disease
Significance of Symptoms
Sheng and K’e Cycles
CLASS TWO  
Reading Classical Five-Element Acupuncture Vol III: Forward, Chapters 1, 2, 10

- Wood and Fire Elements and Officials
- Pulse Taking, Preparation and Practical
- Law of Midday/Midnight
- Class Patient Examined and Discussed
- Rapport Exercises

CLASS THREE  
Reading Classical Five-Element Acupuncture Vol III: Chapters 3, 11, 12

- Earth and Metal Elements and Officials
- Color, Sound, Emotion, Odor Review
- Sensory Exercise: To Smell
- Actions of Tonification and Sedation
- Review of Law of Mother/Child
- Pulse Diagnosis
- Tonification and Sedation Points
- Source Points

CLASS FOUR  
Reading Classical Five-Element Acupuncture Vol III: Chapters 4, 13

- Rapport Exercises
- Water Element and Officials
- Junction Points
- The Umbilical Pulse
- Akabani Testing and Correcting
- Pulse Diagnosis
- Class patient Examined and discussed

CLASS FIVE  
Reading Classical Five-Element Acupuncture Vol III: Chapters 5, 14

- Horary Points
- The Three Jiao
- Energy Transfers
- The Mental and Spirit Level: How to Address
- Spirits of the Points
- Traditional Diagnosis

CLASS SIX  
Reading Classical Five-Element Acupuncture Vol III: Chapters 6, 15

- Review of Transfers
- Possession and How to Treat
- Associated Effect Points
- Sensory Exercises: To Feel
- Four Needle Technique
- Pulse Diagnosis
- Needling and Moxabustion

CLASS SEVEN
Reading Classical Five-Element Acupuncture Vol III: Chapters 8, 9

Aggressive Energy: How to Test for and Treat
Law of Husband and Wife
The Husband/Wife Imbalance
The Law of Least Action
The Law of Cure
Sensory Exercises: To Smell

CLASS EIGHT
Reading Classical Five-Element Acupuncture Vol III: Chapters 7, 16

Entry/Exit Blocks
Windows of the Sky
Treatment Planning
Pulse Diagnosis
Discussion and Assignment of Outside Project
Preface Sheets, Instruction and Practical

CLASS NINE
Rapport Exercises (using preface sheets)
Class Patient Examined and Discussed
Pulse Diagnosis
Patient Homework

CLASS TEN
Review of Course
Q and A
Review Treatment Planning
Pulse Diagnosis
Class Patient Examined and Discussed

CLASS ELEVEN
Final Examination

REFERENCE MATERIAL

FACULTY INFO

Gumenick, Neil
Please check with instructor during class to get updated contact info.

Ask instructor