COURSE DESCRIPTION

This introductory course explores the theories and thought processes that form the origin and developmental roots of Oriental Medical concepts. It describes the philosophy in terms of the 3 treasures (shen, qi, jing) and examines how the concepts of Confucianism, Taoism and Buddhism contributed to the development and practice of the medicine.

LEARNING OBJECTIVES

Upon completion of this course the student will have gained a broader understanding of the philosophical theories that are the roots of Chinese Medicine.

COURSE PREREQUISITIES

None

REQUIRED TEXTS

none

RECOMMENDED TEXTS

Meridian Style Acupuncture by John Pirog
The Acupuncturist's Clinical Handbook by Jeffrey Jacob

COURSE REQUIREMENTS

Out-of-Class Work
To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

3-5 page typed papers due at final class
80% class attendance

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Creation Theory, Types of Qi, Nan Jing Source Theory, Overview of the Meridian System

CLASS TWO
Daoist symbolism of Xie Qi (Evil Qi) and Zang Fu
Primary Meridians- 3 circuits, 3 levels

CLASS THREE
Conception, Pregnancy, Birth & Death. Karma or Curriculum:
The role of Shen, Ling (Po & Hun) in reincarnation

CLASS FOUR
7 Chakras and 3 Dan Tian, Aryuvedic model mixes with Chinese Medicine
resulting in Daoist Yoga.

CLASS FIVE
Midterm exam based upon lectures 1-4
7 Po and 3 Hun: 7 stages or Life Lessons, 3 Guides or Auric Fields
Bao Mai as basis of 7 Po.

CLASS SIX
Pericardium and Heart Channel Points: How they help you find your Ming

CLASS SEVEN
History of Chinese Medicine & Dynasties: How social & political
conditions affect the evolution of Chinese Medical theory

CLASS EIGHT
Buddhism, Confucianism & Daoism
Symbolism of the Tibetan Thanka of the Wheel of Life

CLASS NINE
Chinese Astrology: Celestial Stems & Earthly Branches,
The four pillars and your life plan.

CLASS TEN
Keynote life lessons from Feng Shui. How they relate to Face Reading.
Term Paper DUE: 3-5 pages

CLASS ELEVEN

REFERENCE MATERIAL
Web sites:
http://www.akirarabelais.com/ii.html (Wilhelm's I Ching)
http://www.vipassana.com/resources/buddhism_in_a_nutshell.php (Intro to Buddhism)

Recommended reading:
Between Heaven and Earth, a Guide to Chinese Medicine, H. Beinfield
OM300
PHILOSOPHY OF O.M.

2 Units
20 Hours

Chan, David
Fall 2019

Understanding Reality and Inner Teachings of the Tao by Thomas Cleary

FACULTY INFO

Chan, David
Please check with instructor during class to get updated contact info.
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David Chan specializes in the treatment of manifested spiritual and emotional problems following the teachings of Daoist Master Jeffrey Yuen. He has taught at Emperor’s College for more than 20 years, and currently teaches several courses in the MTOM Program including Philosophy of Oriental Medicine, Acupuncture Energetics, Secondary Vessels and Case Review.