COURSE DESCRIPTION

In this course students will explore basic concepts, history and theories of addiction and substance abuse, and its clinical application for chronic pain patients and recreational drug users. Students will receive an overview of addiction treatment approaches in the modern medical care setting, and protocols utilizing acupuncture and herbal medicine, for the management of substance abuse including underlying emotional and psychological issues as conceptualized within TCM.

LEARNING OBJECTIVES

On completion of this course, the TCM Student will have an introductory understanding as well as a basic ability to work with and treat patients with addictions.

COURSE PREREQUISITIES

Successful Completion of the Pre-Clinical Written Exam

REQUIRED TEXTS

Transformation and Recovery by Alex Brumbaugh

RECOMMENDED TEXTS

In the Realm of Hungry Ghosts by Gabor Mate

COURSE REQUIREMENTS

Out-of-Class Work
To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

20% Attendance and in-class participation and exercises
80% Paper and Final Presentation. Mid term paper and final presentation to be discussed in first class.

SPECIAL NOTES: Students with expectations of an A must have no more than 1 absence. Only TWO (2) absences are permitted. More than two absences will result in course failure.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.
CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

Introduction

CLASS TWO
Chinese philosophy and vocabulary

CLASS THREE
Chinese herbs

CLASS FOUR
Types of substances

CLASS FIVE
Chemical

CLASS SIX
Midterm Paper Due
TCM, AA and cognitive behavior

CLASS SEVEN
NADA

CLASS EIGHT
NADA practical

CLASS NINE
Treatment

CLASS TEN
Projects

CLASS ELEVEN

REFERENCE MATERIAL

FACULTY INFO

Eisenstark, Douglas
Please check with instructor during class to get updated contact info.
310-403-7018
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Doug Eisenstark has worked as an acupuncture drug detox specialist at the Clare Foundation, Chrysalis and Turnabout ASAP. He has published articles in Caregiver Magazine and is review editor for acupuncture.com. He studied acupuncture and herbs in Shanghai, China, at the Hua Shan and Zhong Sun hospitals. Eisenstark teaches in the MTOM curriculum including Clinical Point Selection and Case Review in addition to training clinic interns as a Supervisor in the Emperor's Clinic.