

## WINTER 2020 OPENING SERIES CLASSES

### for non-matriculated students

**Opening Series is a selection of 11-week courses that provide an introduction to basic concepts in Oriental Medicine. These classes are an integral component of Emperor's College master's degree program and academic units are awarded for each class. If you decide to enroll in the master's degree program your credits will transfer.**

#### **Tai Chi I- Chen Style**

OM352 (2 Units)

Mon 10am–12pm

Chen Style Tai Chi is regarded as the oldest of the five major tai chi styles (Chen, Yang, Wu, Hao and Sun). Chen Style Tai Chi is known for its low stances (chan si jin) and bursts of short, fast, explosive power (fa jin). It is more physically demanding than other forms of tai chi and combines athleticism with internal qi cultivation. In this class students gain understanding of the history and theory of Chen Style Tai Chi through the practice of basic principles, breathing techniques, movements, and centering techniques.

#### **Ayurvedic Health**

EL814 (2 Units)

Tues 10am-12pm

In this course, students will be introduced to ayurveda -- the science and art of conscious living -- that originated in India over 3,000 years ago. The course will be split into two components: theory (class discussions, lectures and group presentations) and experiential (yoga, meditation and Indian classical dance). Students will learn the basic principles, fundamental philosophy and practice of ayurveda, including doshas, (bio-energies), panch mahabhootas (5 elements), dhatus (7 tissues) and ahaar (nutrition). Through covering the intentionality of healing ayurvedic teachings and the delicate balance of integrating them into diet and lifestyle, we will explore the holistic relationship between our mind, health, body and spirit.

#### **Intro. To Herbal Medicine**

HB300 (2 Units)

Tues 12:30–2:30pm

Learn major herb groups, Chinese botanical nomenclature and an understanding of important herbs from the Oriental pharmacopoeia including individual properties such as flavor, entering meridians, functions and medicinal uses.

#### **Medical Qi Gong I**

OM 351 (2 Units)

Tues 3-5pm

Students practice breathing, posture, relaxation, energy movement and mind-regulating techniques that empower a direct experience of Qi with the ability to direct it therapeutically.

#### **Fundamentals of OM**

OM315 (4 Units)

Tues 5:30–9:30pm

This class provides the groundwork of basic principles and theories of Oriental Medicine including Yin-Yang Theory, Five Elements, Eight Principles, Etiology, Qi, Blood, Body Fluids, Zang Fu and other paradigms of TCM. It establishes a foundation for all future studies in Oriental Medicine.

#### **East/West Spices & Herbs**

EL536 (3 Units)

Thu 6–9pm

Learn how to choose specific herbs, teas, spices, and foods for the treatment of organ system diseases, imbalances, and psychological conditions. Get an introduction to principles and theories of Western herbology, including adaptogens and tonifications. Dive into scientific data and present research on Western herbal medicines.

**Students must have a minimum of 60 semester units (90 quarter units) of undergraduate coursework to enroll.**

**Cost: \$210.50 per unit plus \$45.00 non-refundable registration fee.**

**Register early as classes fill up. Schedule is subject to revision. Call to confirm class days and times.**

11 Week Winter Quarter Begins **Monday, January 6th, 2020**

**[www.emperors.edu/opening-series](http://www.emperors.edu/opening-series)**

Contact [admissions@emperors.edu](mailto:admissions@emperors.edu) or **(310) 453-8300 x117** for more information

## Opening Series Registration Form

**Introduction:** Opening Series students are limited to Opening Series classes only. There is no minimum or maximum number of credit units Opening Series students may take. Academic credit is awarded for all classes which is fully transferable into the master's degree program.

- Procedure:**
1. Mail this form, along with the Opening Series application, the \$45 non-fundable registration fee and 50% of course tuition fees to: Emperor's College Admissions Department; 1807 Wilshire Blvd. Suite #200, Santa Monica, CA, 90403.
  2. Pay the remaining tuition balance by the end of the first week of the quarter. (late payments are subject to a \$30 late fee).
  3. For classroom assignment and text book information contact the Admissions Department at 310-453-8300 x 117.

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Quarter:**    Fall    Winter    Spring    Summer   **Year:** \_\_\_\_\_

<b>Academic Courses</b> \$210.50 per unit; \$45 Registration						
Add/Drop	Code	Course	Instructor	Day	Time	Units
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						

**Please be aware of our policy for DROPPING courses:** All students must notify the Administration Office if he/she chooses to drop a course. There is a \$25 fee for each course dropped. Tuition refunds are prorated for each week of class instruction that has passed.

***I am aware of my responsibilities regarding payment for Opening Series classes and understand that I must notify Emperor's College admissions department immediately if I decide to drop the course(s) I have registered for. I agree to pay associated fees and tuition charges related to this registration.***

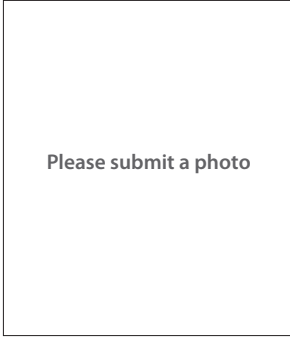
\_\_\_\_\_  
**Student signature**

\_\_\_\_\_  
**Date**

<b>Office Use Only</b>	
<input type="checkbox"/> <b>Approved</b> _____ <div style="text-align: center; margin-top: 5px;"><i>Authorized signature</i></div>	_____ <div style="text-align: center; margin-top: 5px;"><i>Date</i></div>



# Part 1



## Personal Data

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Applying for:  Opening Series  MTOM

Application Date: \_\_\_\_\_ Quarter:  Winter  Spring  Summer  Fall Year: \_\_\_\_\_

Are you a transfer student from another OM Institution?  Yes  No Name of Institution: \_\_\_\_\_

Legal Name: \_\_\_\_\_  
Last Name (Family Name) First Middle (Maiden)

Address: \_\_\_\_\_  
 \_\_\_\_\_

Mailing Address, if different: \_\_\_\_\_  
 \_\_\_\_\_

Prior Name(s): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Mobile/Pager: \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Place of Birth: \_\_\_\_\_  
Month Day Year City State Country

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## CITIZENSHIP

US/Dual US Citizen If dual, specify other citizenship: \_\_\_\_\_

Veteran?  Yes  No If yes, will you be applying to use  Chapter 31  Chapter 33  Other \_\_\_\_\_

US Permanent Resident Visa, Green Card Number: \_\_\_\_\_ Citizen of: \_\_\_\_\_

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## INTERNATIONAL STUDENTS

Citizenship: \_\_\_\_\_ Country of Birth: \_\_\_\_\_

Do you need a student visa?  Yes  No If currently in the U.S., what type of visa do you hold? \_\_\_\_\_

Do you speak English fluently?  Yes  No List other languages spoken: \_\_\_\_\_

TOEFL  Yes  No Score: \_\_\_\_\_

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## ACADEMIC INFORMATION

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____
_____	_____	_____
_____	_____	_____



# Part 1

**Personal Data** (cont.)



EMPLOYMENT INFORMATION (current or most recent)

Name of Employer	Location	Position	Phone	Dates of Employment
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



PLEASE IDENTIFY TWO REFERENCES THAT HAVE INSPIRED YOU TO PURSUE ORIENTAL MEDICINE

Name: \_\_\_\_\_

Name: \_\_\_\_\_

How did you learn about the MTOM program at Emperor's College?

\_\_\_\_\_



EMERGENCY CONTACTS (Please list two)

Name: _____	Relationship to Applicant: _____
Address: _____	Phone: _____
Name: _____	Relationship to Applicant: _____
Address: _____	Phone: _____

You have my permission to contact the above persons or people above in case of an emergency.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_



ETHNIC BACKGROUND (Information in this section will be used for statistical analysis only and is strictly voluntary)

- African American/Black     
  American Indian/Alaskan Native     
  Asian/Pacific Islander  
 Hispanic/Latino(a)     
  White/Caucasian     
  Other



I certify that the information supplied by me on this application is true and correct to the best of my knowledge. If any of the information on this form changes between now and my matriculation at Emperor's College, I will notify the Director of Admissions. I understand that failure to do so may result in withdrawal of my application and/or the offer of admission.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

NOTE: Your signature is required. You may email the form and sign it later when you next visit Emperor's College, or you may print, sign and mail or email the document.